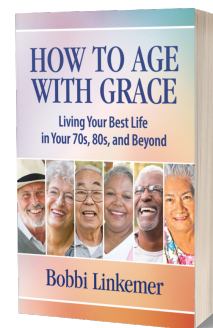


Testimonials

“Most of us know getting older is hard. What we don’t know are the steps to make it easier for everyone. Bobbi Linkemer helps lower the anxiety for everyone. She spells out what will happen and how all generations can gracefully deal with those changes. As a mother and daughter, I’m finding *How to Age with Grace* invaluable!”

Bobette Kyle,
Publisher of MyOnlineWeddingHelp.com



This book is such a valuable resource in this day and age. It is filled with a wonderful combination of useful tips and down-to-earth examples.

Evonne Weinhaus, LCSW,LPC
Award winning author of *Stop Struggling With Your Teen*
and *A New Fearless You*

Thinking about the issues of aging can be daunting. *How to Age with Grace* allows you to approach social, emotional, financial and other issues in an organized and thoughtful way. Planning in advance can give you peace of mind knowing you have considered the options and selected those that best serve you and your needs.

Joan Hoffmann Ed.D.,
Author of *Ready Set Counsel*

Drawing on her own experiences with aging, Bobbi Linkemer shares well-earned advice for living a happy and healthy life in your later years. Never shaming and always encouraging, Bobbi advocates sensible solutions to the toughest questions older people face. With clear and engaging writing, this book is sure to help anyone who is struggling with the transition to life in their 80s and 90s.

Katherine Pickett,
Author of *Perfect Bound: How to*
Navigate the Book Publishing Process Like a Pro

“We are all on our life journey and will face the challenges of aging before we know it. Wouldn’t it be great to find an owner’s manual to help us navigate through this stage of life? We have it. Bobbi Linkemer’s new book, *How to Age with Grace*, sheds powerful guidance on how to meet the challenges of aging and maintain grace and dignity during this natural process of life. She shows us how the power of your attitude will carry you through this still vibrant part of your life.”

Kevin & Glenda Abney,
Authors of *Celebrating Lincoln’s Legacy*

HOW TO AGE WITH GRACE

Living Your Best Life in Your 70s, 80s, and Beyond

As a woman of a certain age, I can attest to the truths within these pages. Had I had access to Bobbi Linkemer's book, *How to Age with Grace*, before leaving professional life, I would have had a much smoother transition into my current circumstances. Planning for one's retirement is good. Extensive planning is better. Precisely focused planning for any endeavor is best.

Nattalia Nealls,
Retired Academic Personnel Specialist,
University of California San Diego

As someone who is as close to 70 as 60, I found *How to Age with Grace Living Your Best Life in Your 70s, 80s, and Beyond* to be refreshingly honest yet encouraging at the same time. Bobbi doesn't sugar-coat the fact that growing old is not for the faint of heart, but instead embraces the facts and offers realistic suggestions on how to evaluate your current life situation and prepare for the changes that might need to be made. This book is a must-read for those of a certain age, as well as grown children who may need to help their parents age with grace.

Kim Wolterman,
Author of *Who's Been Sleeping in My Bed(room)?*
Researching a St. Louis County, Missouri Home
Keys to Unlocking House History
From Buckeye to G.I. LeRoy C. Kubler The War Years, 1942-1945

